



RECRUITMENT & RETENTION

1. Army chief: New talent management will start with officers, then go to enlisted

(15 Oct) Army Times, By Kyle Rempfer The Army is starting to roll out new talent management initiatives, like an assessment for battalion commanders, but the focus on officers is not the final stop, Army Chief of Staff Gen. James McConville said Tuesday.

- Eight-second attention span? The Army of the future needs you. (15 Oct) Army Times, By Todd South Army recruiters are looking to the gaming world and trying to reach the emerging, "Generation Z" population that's on the heels of millennials as they build a force to fight in 2035.
- 3. Army will stop treating troops as 'interchangeable parts': Gen. McConville

(15 Oct) Breaking Defense, By Sydney J. Freedberg Jr."I know it's almost blasphemous to think the Army would actually consider someone's preferences," the new Army chief of staff said this afternoon. "But if we know where they want to go and what they want to do, we believe we'll get the right person, in the right job at the right time, and we will have a better Army and more committed soldiers and families."

4. <u>Video: Army leaderships talk recruiting through gaming</u>

(15 Oct) Defense News Video Army leaders, including the Vice Chief of Staff, see gaming as a way to connect with potential recruits.

5. Army ROTC must find more officers than it has in years, and here's how it's happening

(16 Oct) Army Times, By Todd South The demand for Army officers is higher than it has been in years and most of those officers will come not from West Point or other military schools but instead from the swath of colleges and universities across the country through the Reserve Officer Training Corps.

6. 'What's Your Warrior?' Army launches new ads with less combat focus

(16 Oct) Army Times, By Kyle Rempfer The Army is preparing to launch an advertising campaign this November called "What's Your Warrior?" courtesy of the service's new Chicago-based marketing team.

EMPLOYMENT & INTEGRATION

- 7. The Military Offers Women Pay Equity and Opportunity, but Few Still Make Top Ranks (13 Oct) The Wall Street Journal, By Nancy A. Youssef Though the armed services tout themselves as a meritocracy, for women the promise remains elusive
- 8. Drill sergeant to SMA: Non-grunt Army recruits need Marine combat training

(14 Oct) Military.com, By Matthew Cox Army Sgt. First Class Randall Broadhead today told the new sergeant major of the Army that non-combat arms recruits need something like Marine Combat Training to ensure they are ready for the next war.

9. Big changes to grueling Special Forces course draw scrutiny

(15 Oct) The Associated Press, By Lolita C. Baldor

The changes that are beginning now have led to resentment among some Special Forces that the brass wants to make it easier to pass the qualification course as a way to boost lagging recruiting numbers and ensure that women will eventually qualify.



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10. Men and women seeing different failure rates on Army's gender-neutral fitness test

(15 Oct) Military.com, By Matthew Cox

The Army general in charge of the service's new combat fitness test said he's confident it will remain gender-neutral, despite reports of female soldiers failing at much higher rates than men.

11. <u>Time has come for the formation of a US Space Force, the nation should embrace it</u>

(15 Oct) The Hill, By Matt Donovan

The creation of this new service requires modification to existing laws that will, as did the creation of the Air Force over seven decades ago, provide vital benefits to America's long-term security. The Department of the Air Force stands ready to welcome the Space Force as its second military service.

12. <u>'Broken rung' in corporate ladder stops women from getting to the top: Report</u>

(15 Oct) ABC News, By Catherine Thorbecke

A sweeping new study that looked at 329 companies employing 13 million people found that women in the workplace have come a long way in recent years -- but it's not a "glass ceiling" that is keeping women from the top, but a "broken rung" on the corporate ladder.

13. <u>These are the new spacesuits for the first woman and next man on the moon</u>

(15 Oct) CNN World, By Ashley Strickland

A human hasn't landed on the moon since 1972, but NASA's Artemis program aims to land the first woman and the next man on the lunar surface by 2024.

14. <u>On today's battlefields, more women than ever are in the fight</u>

(15 Oct) National Geographic, By Lynsey Addario Females are taking more active roles in militaries, serving on the front lines of armed conflicts and as peacekeepers in the world's hot spots.

15. <u>Army leaders aren't worried about the ACFT, despite women failing at an astronomical rate</u>

(16 Oct) Task & Purpose, By Haley Britzky

After preliminary fitness test scores leaked in September, many have voiced concerns about how women would fare in the new Army Combat Fitness Test. The scores — which accounted for 11 of the 63 battalions that the ACFT was tested on last year — showed an overall failure rate of 84% for women, and a 70% pass rate for men.

16. <u>Here's how the Army is planning to roll out the ACFT this year</u>

(16 Oct) Army Times, By Kyle Rempfer The Army Combat Fitness Test has reached initial operating capacity, with the entire service gearing up to take diagnostic tests this year before the ACFT officially becomes the fitness test of record in October 2020.

17. <u>Army 3-star: Soldiers won't be fighting in space anytime soon</u>

(16 Oct) Military.com, By Gina Harkins Soldiers aren't likely to don space suits and blast off into space to fight an enemy, the head of Army Space Command said this week.

18. <u>Female CFOs Brought in \$1.8 Trillion More Than Male Peers</u>

(16 Oct) Bloomberg, By Sonali Basak and Jeff Green Companies looking for better financial returns should consider a female chief financial officer. Within the first 24 months of

appointing female CFOs, companies saw, on average, a 6% increase in profits and an 8% better stock return, compared to performance under male predecessors.





19. <u>'Amazing': Meet the woman behind Jeep's rugged, boulder-climbing new pickup truck, the Gladiator</u>

(16 Oct) ABC News, By Morgan Korn

The automotive sector has been making strides in recent years to hire more women in leadership positions but it's still an industry where men dominate the decision-making.

20. Run times are a key predictor for musculoskeletal injuries, Army researchers say

(17 Oct) Army Times, By Patricia Kime

Military service is tough on the body. The U.S. Army, in fact, has lost 4.1 million days of productivity this year alone to limited duty related to injuries, 70 percent of which were characterized as musculoskeletal, or MSK, trauma.

21. <u>The Air Force has a new secretary; Barbara Barrett sworn in</u>

(18 Oct) Air Force Times, By Stephen Losey Barbara Barrett was sworn in as the 25th secretary of the Air Force on Friday. Barrett, the fourth woman to serve as the Air Force's top civilian leader.

22. <u>3 absurd stories show how badly NASA understood female astronauts</u>

(18 Oct) Inverse, By Passant Rabie

Even 250 miles above Earth, women can't escape misconceptions based on their gender. Throughout history, female astronauts have suffered from some pretty ridiculous incidents in their male-dominated field. In order to commemorate where they are today, we look back at three of the most infamous misconceptions about women in space.

23. <u>All-female C-130H crew lands at international air show</u>

(18 Oct) National Guard News, By Master Sgt. Jessica Condit An all-female aircrew assigned to the 189th Operations Group flew to Abbottsford, Canada, Oct. 5 to participate in the annual Girls Fly Too, Women in Aviation symposium.

24. Astronaut Stephanie Wilson is the voice of Mission Control for the all-female spacewalk

(18 Oct) CNN World, By Ashley Strickland

During Friday's historic all-woman spacewalk from the International Space Station, a female voice can be heard speaking to astronauts Jessica Meir and Christina Koch from Mission Control. It's NASA astronaut Stephanie Wilson and she's acting as CapCom, or Capsule Communication, at Johnson Space Center in Houston.

25. Astronauts Christina Koch and Jessica Meir successfully complete first all-female spacewalk

(18 Oct) CNN World, By Ashley Strickland

NASA astronauts Jessica Meir and Christina Koch conducted the first all-female spacewalk outside of the International Space Station. This was the fourth spacewalk for Koch and the first for Meir. The first woman to conduct a spacewalk was Russian cosmonaut Svetlana Savitskaya in 1984, followed closely by NASA astronaut Kathy Sullivan. An additional 12 US women have conducted 40 spacewalks over the past 35 years. Koch and Meir were the 13th and 14th, respectively.

26. <u>Army Considering Pass/Fail Option on ACFT for Sergeant Promotions</u>

(18 Oct) Miltiary.com, By Matthew Cox

The U.S. Army may do away with making sergeant promotions dependent on high Army Combat Fitness Test scores and base them on a go/no-go system instead. Currently, sergeants trying to get promoted to staff sergeant can get 180 promotion points for maxing the Army Physical Fitness Test.

27. After reports of drill instructor misconduct, Marine Corps says efforts to crack down are showing results

(21 Oct) San Diego Union-Tribune, By Andrew Dyer

The Marines say changes in the way they train recruits and their notoriously hard-nosed drill instructors have led to fewer incidents of drill instructor misconduct, officials told the Union-Tribune.





28. What's coming up for Army aviation? (21 Oct) Defense News, By Jeff Martin

Video: Brig. Gen. Wally Rugen explains what's coming up for Army aviation.

29. <u>Making a better TACP: Air Force stands up formal training unit for specialized airmen</u>

(22 Oct) Air Force Times, By Stephen Losey

The Air Force has activated a formal training unit for Tactical Air Control Party airmen at the Medina Annex of Joint Base San Antonio-Lackland in Texas.

30. Soldiers in the Army National Guard are being encouraged to perform physical exercise before using the bathroom (23 Oct) Business Insider, By David Choi

Guardsmen from the Utah Army National Guard implemented a policy of doing physical exercise prior to using the bathroom at the organization's headquarters in Draper, Utah. "Soldiers will perform one [Army Combat Fitness Test] leg tuck (LTK) to enter and/or exit," a sign read in front of both female and male bathrooms.

31. <u>Army astronaut to military medical students: You will solve the health issues of extended space flight</u> (24 Oct) Army Times, By Patricia Kime

NASA astronaut and Army Col. Drew Morgan spoke Wednesday from the ISS to students at the Department of Defense's medical school as well as Washington Episcopal School and Washington School for Girls.

32. <u>Navy's fitness test overhaul enters next phase</u>

(24 Oct) Military.com, By Gina Harkins

Sailors volunteered for some extra physical training this month as part of a study that will help the Navy set scoring tables on new fitness test events. The plank will replace sit-ups on the Navy Readiness Test in 2020. Sailors will also get the option to row their way through the cardio portion of the test. There are plans to conduct one at Naval Station Mayport, Florida, in December 2019 and another in San Diego in April 2020.

33. <u>Female high school quarterback throws touchdown on her first pass in a varsity game</u>

(26 Oct) USA Today, By Scott Gleeson

A 16-year-old high school junior threw a 42-yard touchdown pass in a game this week to become one of the first female quarterbacks in the state of Florida – on record – to throw for a score. Holly Neher, the only girl on Hollywood Hills High School's 50-member varsity team, threw the TD strike on her first pass attempt in the fourth quarter of her team's 21-7 loss to Hallandale High School. It was her first action at the varsity level.

34. Maxing the ACFT: How to fuel your body for the test

(28 Oct) Army Times, By Capt. Kira Heartwick and Capt. Vladi Ivanova Out with the old, in with the new: Starting this month, the six-event Army Combat Fitness Test is beginning steps toward replacing the three-event Army Physical Fitness Test as the physical assessment of record.

35. Syrian women helped find Baghdadi, beat ISIS, will face 'tough time' ahead, leader says

(28 Oct) Defense One, By Gayle Tzemach Lemmon

For the women who have given more than five years of their lives and lost close to 1,000 of their friends to the fight against the Islamic State, the death of ISIS leader Abu Bakr al-Baghdadi meant a great deal — and marked a truly historic moment. "I feel that this means we could do something for women around the world," said Nowruz Ahmed, the head of the all-women's People's Protection Force.





36. Parris Island Marines to start training with next gender-integrated boot camp class

(30 Oct) Marine Corps Times, By Philip Athey

A Marine company with South Carolina's 2nd Recruit Training Battalion will soon see male and female recruits training next to each other, the Marine Corps confirmed Wednesday. This will be the third time a historically all-male Marine Corps recruit company has been partially gender-integrated. The first — India Company, 3rd Recruit Training Battalion — graduated five platoons of male Marines alongside one platoon of female Marines in March.

WELL-BEING & TREATMENT

She Took a Two-Year Break in Her Career. Now She's CEO. 37.

(11 Oct) The Wall Street Journal, By Kholood Eid When she was 41 years old, Deanna Mulligan stepped back from the prime of her career. Now CEO of Guardian Life Insurance, Ms. Mulligan reflects on that move, and what it taught her-among other things, that "life is not a straight line."

38. Studies underway to find out why women more than twice as likely as men to suffer from PTSD

(19 Oct) The Washington Post, By Marlene Cimons

Women in the military are vulnerable to twofold trauma, combat and sexual assault. PTSD has been rising among service women, in part because of more reporting and more women who join, according to Tara Galovski, director of the women's health sciences division at VA's PTSD center. An estimated 48,000 women - from the 455,875 female veterans who use VA health care - are being treated for PTSD, she says.

All the Pregnancies I Couldn't Talk About 39.

(21 Oct) The Atlantic, By Amy Webb

I've been pregnant nine times. I have one child. For years, I never told anyone about my miscarriages, because as a professional American woman, I'd been indoctrinated to mute the implications of my gender. I should never hint at the idea that my body is capable of reproduction or that I might someday want to start a family. In a business setting, I learned that the mere mention of pregnancy could mean losing a potential client, or being passed over for a promotion or project. This wasn't merely anecdotal. I observed it firsthand, many times.

Naval Academy accuses midshipman of sex crimes against classmates **40**.

(22 Oct) Navy Times, By Geoff Ziezulewicz

A U.S. Naval Academy midshipman and ex-Navy soccer team midfielder has been charged with sexually assaulting sleeping female classmates, according to charge sheets provided to Navy Times.

41. Puget Sound Naval Shipyard settles retaliation lawsuit

(22 Oct) The Associated Press

A Naval shipyard in Washington State has settled a case with an employee over claims of sexual harassment and retaliation. The lawsuit filed by the 33-year employee says he reported a case of sexual harassment on behalf of a woman he supervised. Swalley says he relayed the report to his superior and the shipyard's Equal Employment Opportunity office, but it never reached the shipyard's commanding officer.

42. Wisconsin National Guard probing whistleblower's reprisal allegations

(22 Oct) The Associated Press

The National Guard is investigating allegations that Wisconsin commanders are trying to force a sergeant out of the service after he complained about sexual misconduct in his unit.





43. <u>"Horrifying" images: Alanis Morissette opens up about her postpartum depression</u>

(22 Oct) CBS This Morning

The Grammy Award-winning singer first realized she was dealing with postpartum 16 months after the birth of her first child in 2010. Signs of postpartum depression can include anxiety or panic attacks, uncontrolled crying or sadness, fear of being left alone with the baby, or lack of interest in the baby altogether. The American Psychological Association recommends that anyone experiencing symptoms for more than two weeks seek help. If left untreated, the condition can last many weeks or months.

44. <u>'Executing the plan' — How a CO's warship romance got him canned</u>

(23 Oct) Navy Times, By Geoff Ziezulewicz

The commanding officer of the guided-missile destroyer Hopper was fired last year after his shipboard romance with a petty officer was revealed, according to an internal investigation obtained by Navy Times.

SERVICEWOMEN IN THE NEWS

45. N.Y. Army Guard welcomes first female Armor officer

(15 Oct) Army.mil, By Tech. Sgt. Ryan Campbell Army 2nd. Lt. Jessica Reed has made history by becoming the New York Army National Guard's first female armor officer after graduating from the Armor Basic Officer Leadership Course at Fort Benning, Georgia, on June 4, 2019.

46. Soldier continues to lead the way after historic Ranger School accomplishment

(16 Oct) Army.mil, By Capt. Daniel Johnson U.S. Army Reserve Lt. Col. Lisa Jaster was 37 years old when she attended Ranger School. While the average age of attendees in the course ranges in the early 20s, that didn't deter her, and in October of 2015 she graduated from the course.

47. <u>Air Force nurse, a major, pleads guilty to pharmacy kickback scheme</u>

(17 Oct) Air Force Times, By Stephen Losey

A nurse at Vance Air Force Base in Oklahoma on Tuesday pleaded guilty to a criminal health care fraud scheme, in which she accepted hundreds of thousands of dollars in kickbacks for referring patients to pharmacies offering compounded drugs.

48. <u>Marine killed on South Carolina highway after stopping to help with a car crash</u>

(17 Oct) Marine Corps Times, By Philip Athey Marine Cpl. Erin Rachel Lilleyfogle, a South Carolina Marine who left her car to help to someone involved with a previous crash was struck and killed on the highway. She enlisted in the Marine Corps in 2017 and was a member of the Headquarters and Service Battalion aboard the Marine Corps Recruit Depot at Parris Island, South Carolina, according to the Marine Corps.

49. <u>Third-generation sailor pinned by father, grandfather Navy veterans</u>

(19 Oct) The Daily News, By Sarah Hauck

A USS Manchester, CL-83, hat on his head, John Ronney, pierced the collar of his granddaughter, Jennifer Rooney's new rank during a special pinning ceremony at Naval Medical Center Camp Lejeune last month. By Rooney's side was his son and Jennifer's father Robert, a retired Navy veteran.

50. <u>'Nice girls don't join the military': New Fairchild commander proves her mettle – and critics wrong</u>

(20 Oct) The Spokesman-Review, By Jared Brown

By the first day of sixth grade, Cindy Dawson had already decided what she wanted to be when she grew up. "I was going to attend the Air Force Academy and I was going to graduate and I was going to be a pilot," she remembers saying in front of the whole class. Then her teacher laughed in her face.





51. Meet the Air Force's 2019 Cadet of the Year, selected by the Royal Air Squadron

(24 Oct) Air Force Times, By Diana Stancy Correll Second Lt. Kirsten Cullinan has been named the Air Force's 2019 Cadet of the Year — beating out more than 3,000 candidates for the award. Cullinnan, who graduated in May from the University of Notre Dame and is undergoing intelligence officer training, was honored Oct. 22 during a ceremony at the Pentagon with Air Force Chief of Staff Gen. David Goldfein.

52. U.S. Women Place 8th Despite Crash in 50-Mile Cycling Race

(25 Oct) Know Your Military, By Gary Sheftick

A hit from behind on the final lap may have dashed the U.S. team's hopes for gold in women's cycling, but bruised ribs and a cracked helmet didn't stop Army Sgt. 1st Class Maatje Benassi from crossing the finish line.

53. U.S. Men's, Women's Golf Teams Earn Medals at Military World Games

(25 Oct) Know Your Military, By Gary Sheftick Linda Jeffery led the U.S. women to a silver team medal by taking an individual bronze after four days of CISM Military World Games competition at Yisham Golf Club in Wuhan, China.

54. U.S. Women Rebound, Take World Games Bronze

(28 Oct) Know Your Military, By Joe Lacdan

U.S. guard Navy Petty Officer 2nd Class Cinnamon Kava leapt into the arms of teammate Ariel Thomas moments after the U.S. armed forces women's basketball team stormed back from 18 points down to stun France 85-79 in overtime at the CISM World Military Games in Wuhan, China.

55. General Officer Announcement

(31 Oct) Immediate Release

Secretary of Defense Mark T. Esper announced today that the president has made the following nomination: Air Force Brig. Gen. Lee Ann T. Bennett has been nominated for appointment to the rank of major general. Bennett is currently serving as the mobilization assistant to the deputy chief of staff, intelligence, surveillance and reconnaissance and cyber effects operations, Headquarters U.S. Air Force, Pentagon, Washington, District of Columbia.

56. <u>General Officer Announcements</u>

(31 Oct) Immediate Release

Secretary of Defense Mark T. Esper announced today that the president has made the following nominations:

- Air Force Col. Leslie A. Beavers has been nominated for appointment to the rank of brigadier general. Beavers is currently serving as the mobilization assistant to the vice commander, 16th Air Force, Air Combat Command, Joint Base San Antonio-Lackland, Texas.
- Air Force Col. Melissa A. Coburn has been nominated for appointment to the rank of brigadier general. Coburn is currently serving as the commander, 452nd Air Mobility Wing, Air Force Reserve Command, March Air Reserve Base, California.
- Air Force Col. Vanessa J. Dornhoefer has been nominated for appointment to the rank of brigadier general. Dornhoefer is currently serving as the mobilization assistant to the director, legislative liaison, Office of the Secretary of the Air Force, Pentagon, Washington, District of Columbia.
- Air Force Col. Lynnette J. Hebert has been nominated for appointment to the rank of brigadier general. Hebert is currently serving as the mobilization assistant to the director of intelligence, U.S. Cyber Command, Fort George G. Meade, Maryland.
- Air Force Col. Traci Kueker-Murphy has been nominated for appointment to the rank of brigadier general. Kueker-Murphy is currently mobilization assistant to the director of integrated air, space, cyberspace and intelligence, surveillance and reconnaissance operations, Headquarters Air Force Space Command, Peterson Air Force Base, Colorado.
- Air Force Col. Dana N. Nelson has been nominated for appointment to the rank of brigadier general. Nelson is currently serving as the mobilization assistant to the director, resources and assessments, Headquarters U.S. Indo-Pacific Command, Camp H. W. Smith, Hawaii.





WOMEN VETERANS

57. Mt. Pleasant Township woman, 102, joined the first WAVES of Navy veterans

(7 Oct) TRIB Live, By Jeff Himler

Melva Simon met some initial resistance from her parents when she decided to sign up for military service. "My mother wasn't too anxious for me to go," she said. But, at age 25, "she couldn't keep me at home forever." Simon was quick to join the Navy's WAVES (Women Accepted for Volunteer Emergency Service), enrolling in 1942. That was just months after the corps was established July 30, enlisting women for World War II duties on shore so men could be freed up for deployment at sea

58. <u>84-year-old US Army vet challenges TSA agent to 10 push-ups before Honor Flight</u>

(19 Oct) OzarksFirst.com, By Alexandra Deabler

An 84-year-old U.S. Army veteran nurse proved age is nothing but a number after she dropped to perform 10 push-ups — after challenging a TSA agent to join — before boarding her Honor Flight from Phoenix to Washington, D.C.

59. <u>Military service claims of Army nurse in viral push-ups video called into question</u>

(21 Oct) Military.com, By Hope Hodge Seck

In the wake of a heartwarming viral video that was featured everywhere from Good Morning America to the Daily Mail comes a disheartening revelation: The 84-year-old self-described Army nurse cranking out push-ups in her crisp Vietnam-era uniform might not be who she said she was.

60. Of the 5,676 names on the California Vietnam Veterans Memorial — one is now a woman's

(22 Oct) ConnectingVets.com, By Elizabeth Howe

There are 5,676 names recognized on the California Vietnam Veterans Memorial in Sacramento — now including one woman, Adrienne Lee Schamp. Per legislation, those who died of Vietnam War-related illnesses, no matter how many years after the war ended, would be honored as casualties of the conflict and included on the memorial. Schamp, who died at 51 from heart disease, is the first and only woman in the entire state to be recognized.

61. Helping veterans age well after military service

(24 Oct) Military Times, By Sherman Gillums Jr. and Andrew Greene

A 2019 study, published in the International Journal of Environmental Research and Public Health, found that Persian Gulf War veterans suffered chronic conditions — such as high blood pressure, heart attacks, diabetes, stroke, and arthritis — about 10 years sooner than non-veterans the same age. This results in lower quality of life, higher mortality rates, and shorter life expectancies, especially for women veterans.

62. <u>Putting the H.E.R. in Hero</u>

(25 Oct) DVIDS, By Chief Petty Officer Daniel Mennuto

Chief Cryptologic Technician (Collections) Nancy Bullock-Prevot chose to retire from the Navy in 2015 when her husband was diagnosed with cancer. Her priority was her family, but she didn't want to stop serving. "As a female veteran, she observed that women veterans are often overlooked and forgotten," said Gabrielle Gogarty Wilson. "She decided to make it her mission to remind the community that veterans are women too; equally serving and contributing to our nation in uniform."

63. End harassment at VA hospitals

(28 Oct) The Hill, By Kayla Williams

Alarming research by the department found that one in four women veterans using VA health care "reported inappropriate and/or unwanted comments or behavior by male veterans on VA grounds." Unsurprisingly, women who experienced that harassment were less likely to feel welcome, which could lead to them delaying or missing needed care. Just like in the military, younger women are at higher risk of experiencing that harassment.



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64. Several Republicans march out during House VA committee debate on female veterans' health bill

(29 Oct) Stars and Stripes, By Steve Beynon Several Republicans stormed out of a House Committee on Veterans' Affairs hearing Tuesday after the panel's Democratic chairman refused to allow them to introduce amendments to a health care bill for female veterans.

65. <u>A tribute to women in the military</u>

(30 Oct) KELO, By Don Jorgensen

From policemen to politicians, sculptor Darwin Wolf of Sioux Falls has done dozens of sculptures that are amazing pieces of work. Wolf's latest sculpture may be his best yet. Darwin Wolf has been spending countless hours sculpting a female fighter pilot inside the lobby of the VA Hospital.